

## Research and Rules

Weekly Report 2~ 8/27/2018 - 9/2/2018

This week was filled with databases, research, contracts, and speeches. It was a very educational and informative experience that provided an insight into what the rest of the year in the Independent Study and Mentorship program will be like.

The introduction to research assessments provided an outlook on what the beginning of this year in the Independent Study and Mentorship program will consist of. Going through many different articles and papers over topics relating to veterinary sciences helped me figure out which topics would be most beneficial in order to be productive and helpful on mentor visits. Not only did researching a career outlook of veterinary sciences help to narrow down some of the most important aspects of the job, it also broadened my original idea of what all this field included and presented many new variations of the job to study and consider.

Going over topics such as the contract for Independent Study and Mentorship and the professional dress overview served as a reminder of the seriousness and professionalism that come with being a student in the Independent Study and Mentorship program. Additionally, it was a reminder to continue looking for appropriate color schemes that correlate with veterinary sciences.

During class this week, we finished giving introductory speeches. Feedback from this speech was incredibly beneficial in figuring out what are the weakest points of my presentational skills and how to work on those. Some of the weakest points included confidence while presenting, a steady tone, and fidgeting. These are all things that will be worked on and improved throughout the year. This speech also served as the catalyst for self-reflection over things I could do to work on my presentational skills not only in the classroom but also in everyday situations.

This week was very informative as to what will be required and expected of students in the Independent Study and Mentorship program this year. It also furthered my interest in all aspects of veterinary sciences through the research assessment and refocused my efforts on

long-term aspects of being in the Independent Study and Mentorship program such as a color scheme, professional dress, and gathering materials.